



RLKU
MEDICAL & DENTAL COLLEGE



PROSPECTUS 2026

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WHY CHOOSE RLKU MEDICAL COLLEGE ?

- Strategic Location
- Academic Excellence
- Hostels
- Professional Faculty
- State-of-The Art Facilities
- Comprehensive Clinical Training
- Supportive Learning Environment
- Extra-Curricular & Personal Development Opportunities

BASIC SCIENCES DEPARTMENTS

- Physiology
- Anatomy
- Biochemistry
- Pharmacology
- Forensic Medicine & Technology
- Behavioral Sciences
- Pathology
- Community Medicine

CLINICAL DEPARTMENTS

- Internal Medicine
- Cardiology
- Gastroenterology
- Pulmonology
- Dermatology
- Paediatrics & Neonatology
- Psychiatry & Behavioral Sciences
- Radiology
- General Surgery
- Orthopaedics
- Otorhinolaryngology
- Ophthalmology
- Anesthesia
- Obstetrics & Gynaecology
- Skills Lab

DEPARTMENT OF MEDICAL EDUCATION

DEPARTMENT OF QUALITY ASSURANCE

INTRODUCTION

Faculty is the foundation interwoven into the various aspects of the institution. At RLKUMC, we are proud to own our faculty and expect the same from the faculty. Faculty is not just a word but holds a sense of immense responsibility. The teaching role of faculty members reflects their centrality in addressing the primary educational mission among colleges and universities. As faculty members teach, they disseminate and impart basic or applied knowledge to students and assist students with learning and applying it. The teacher is the content expert, and students are regarded as learners or novices to the academic discipline or field of study. Faculty members are expected to follow developments in the field, so their expertise and knowledge base remains current. Faculty is called upon to perform various roles in addition to designated activities, and the uniqueness of each faculty augments the institutional mission.

These guidelines will help new faculty to settle in the institution and clarify further promotions, tenure, and personal and professional growth planning with regular discussion with mentors and department heads.

ABOUT RLKU MEDICAL COLLEGE

RLKU Medical College and Hameed Latif Teaching Hospital (HLTH) are constructed on 13 acres on Ferozepur Road, Lahore, 30 minutes drive from Kalma Chowk, Lahore. This purpose-built campus consists of a Medical College building, hostels for girls and boys with ample space for future expansion. Its environment-friendly features make it a truly green building.

The basic sciences departments are housed in the College block keeping in view the movement and flow of students in an orderly fashion. Each department's facilities can cater to more than 150 students per class. The library and the lecture theatre block are spaced out to provide the needed quietness and isolation while adding to the aesthetics of the building structure.

An essential component of a medical college is the Hameed Latif Teaching Hospital, without which no clinical learning is possible. RLKUMC has a well-equipped hospital, Hameed Latif Teaching Hospital, affiliated with it.

CORE VALUES

C Critical Thinking & Innovation

H Humane Leadership

A Accountability

M Motivated Team Player

P Perseverance

I Integrity

O Ownership

N Nobility

S Self Discipline

P Professionalism



RLKU
MEDICAL & DENTAL COLLEGE

VISION

- To develop a community of humane professionals and academia leading to a positive impact on humanity.

MISSION

- To groom competent healthcare professionals who are outstanding academicians and researchers providing compassionate and empathetic health care services to the community.
- To provide and promote quality education, research, and skills to keep healthcare at par with International standards.
- To develop health care leaders of the future.



CURRICULAR OUTCOMES



APPLICATION OF KNOWLEDGE



PROFESSIONALISM



COMMUNICATION AND INTERPERSONAL SKILLS



DIAGNOSIS AND MEDICAL MANAGEMENT



LEADERSHIP AND TEAMWORK



HEALTH PROMOTION AND ILLNESS PREVENTION



PROMOTION EVIDENCE-BASED MEDICINE



CLINICAL RESEARCH AND SCHOLARSHIP



MESSAGE OF THE CHAIRMAN PROF. DR. RASHID LATIF KHAN

It is my strong belief that students who graduate from RLKU Medical College will prove to be masters in the fields of medicine with a thorough understanding of the world around them. RLKUMC will also develop as a center of excellence for the future training of not only doctors and nurses but other paramedical personnel.



First Doctor from Pakistan to do MRCOG & FRCS (UK) 1968 & 76. First Doctor from Pakistan to introduce Diagnostic Laparoscopy (1974). Wrote First Text-book of Gynaecology of Pakistan (1982). First to introduce IVF technology (1984).



First Gynaecologist from Pakistan to be invited as Examiner by the Royal College of Obstetricians & Gynaecologists, London U.K. (1985). Delivered the First IVF baby in Pakistan (1989) Founder President IVF Society of Pakistan.



First Gynaecologist of Pakistan to be awarded SITARA-E-IMTIAZ (1992). Founder President of South Asian Federation of Gynaecology (1996). First Professor Emeritus of PGMI (1998).

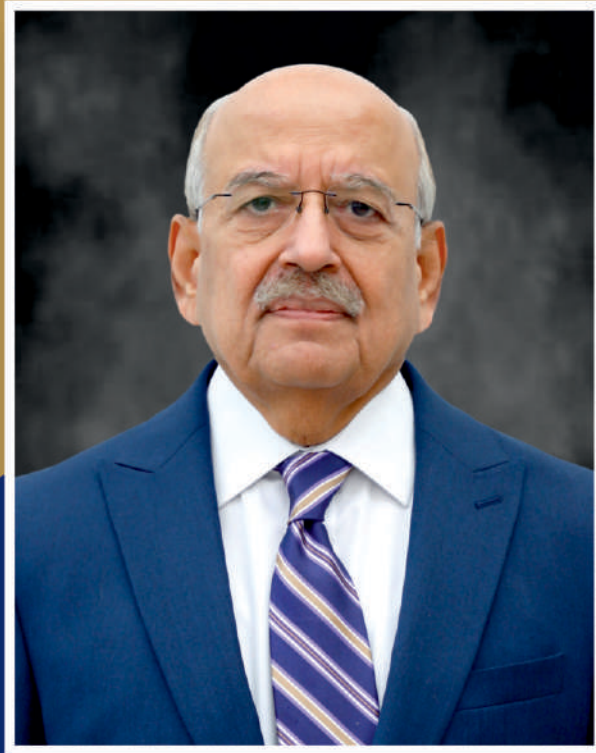


**MESSAGE OF THE
CHIEF EXECUTIVE OFFICER
Ms. SABAHA KHAN**

I'm delighted that you are considering studying at RLKU Medical College, one of the private medical colleges in Pakistan. Whatever your aspirations, we can help you on the journey to your future career.

As a RLKUMC student you will graduate with more than just a degree. The opportunity and experiences at RLKU Medical College will help you grow as an employable, entrepreneurial and a confident citizen.

We would like you to graduate as a professional doctor. Our prospectus is full of information to help you make an informed choice about your higher education, as we understand what an important decision choosing the right medical college can be.



MESSAGE OF THE DEAN PROF. DR. FARRUKH ZAMAN

It is a matter of great pride and pleasure to welcome you to RLKU Medical College, Lahore — an institution dedicated to academic excellence, professional integrity, and service to humanity. Our mission is to nurture medical graduates who possess not only sound clinical knowledge and skills but also compassion, empathy, and a commitment to ethical medical practice.

At RLKU Medical College, we are devoted to providing an environment that encourages inquiry, innovation, and lifelong learning. Our integrated curriculum, guided by a team of experienced faculty, emphasizes evidence-based medicine, research aptitude, and patient-centered care — essential attributes of tomorrow's healthcare leaders.

Having served the medical community for several decades in diverse academic, administrative, and international roles, I firmly believe that the foundation of a successful medical institution lies in its dedication to quality education, disciplined training, and moral values. We strive to uphold these principles in every aspect of our teaching and clinical practice.

I warmly welcome all students to join RLKU Medical College, where excellence is pursued with passion and purpose. Together, we aim to build a healthier and brighter future for our nation and beyond.



MESSAGE OF THE PRINCIPAL

PROF. DR. ARIF M. SIDDIQUI

Greetings from RLKU Medical College. At RLKUMC, we are committed to producing first-class doctors who will willingly serve their communities with both preventive and curative healthcare needs. This is a tall order that begins with laying a strong foundation upon which a sturdy structure can be erected, and we provide both. Our faculty is fully capable and adept at grooming boys and girls, transforming them into world competitors over the years. Our vision does not stop at the MBBS degree. We are very cognizant of the fact that a mere degree does not make a good doctor; this is why we also emphasize the development of communication skills, leadership, teamwork, empathy, and professionalism, which are aptly reflected in our core values: CHAMPIONS.

We have also taken it upon ourselves to produce men and women of such caliber that they can easily compete and succeed in equivalence examinations in the USA, UK, Australia, and Canada. The College provides all the necessities as laid down by the PMDC for the comfort and care of medical students, as well as prepares them for local postgraduate examinations. Rashid Latif Khan University Medical College is fully aware of your dreams and ambitions and promises to help fulfill them.

Prof. Dr. Arif Mahmood Siddiqui

MBBS (KE); MRCP (UK); FRCP (London)

FRCP (Edin), FRCP (Glasgow)

PRINCIPAL

RLKU Medical College, Lahore. Hameed Latif Teaching Hospital



MESSAGE OF VICE PRINCIPAL PROF. DR. FAHEEM MAHMOOD

It gives me great pleasure to welcome you to RLKU Medical College , an institution dedicated to fostering excellence in medical education and healthcare.

At RLKUMC, we are committed to nurturing the next generation of healthcare professionals by providing a learning environment that emphasizes both academic rigour and compassionate care. Our faculty, with a deep passion for teaching and innovation, works tirelessly to ensure that our students not only acquire knowledge but also develop the skills and ethical values essential for success in the medical field. We encourage critical thinking, evidence-based practice, and a patient centred approach that prepares our graduates to meet the challenges of a rapidly evolving healthcare landscape.

At RLKUMC, we strive to create a community where curiosity is cultivated, collaboration is fostered, and leadership in medical practice is developed. As you embark on your academic journey, I invite you to explore the wealth of opportunities that our institution offers, and I look forward to witnessing the contributions you will make in the world of healthcare.

RECOGNITIONS & AFFILIATIONS

Recognized by

Pakistan Medical & Dental Council

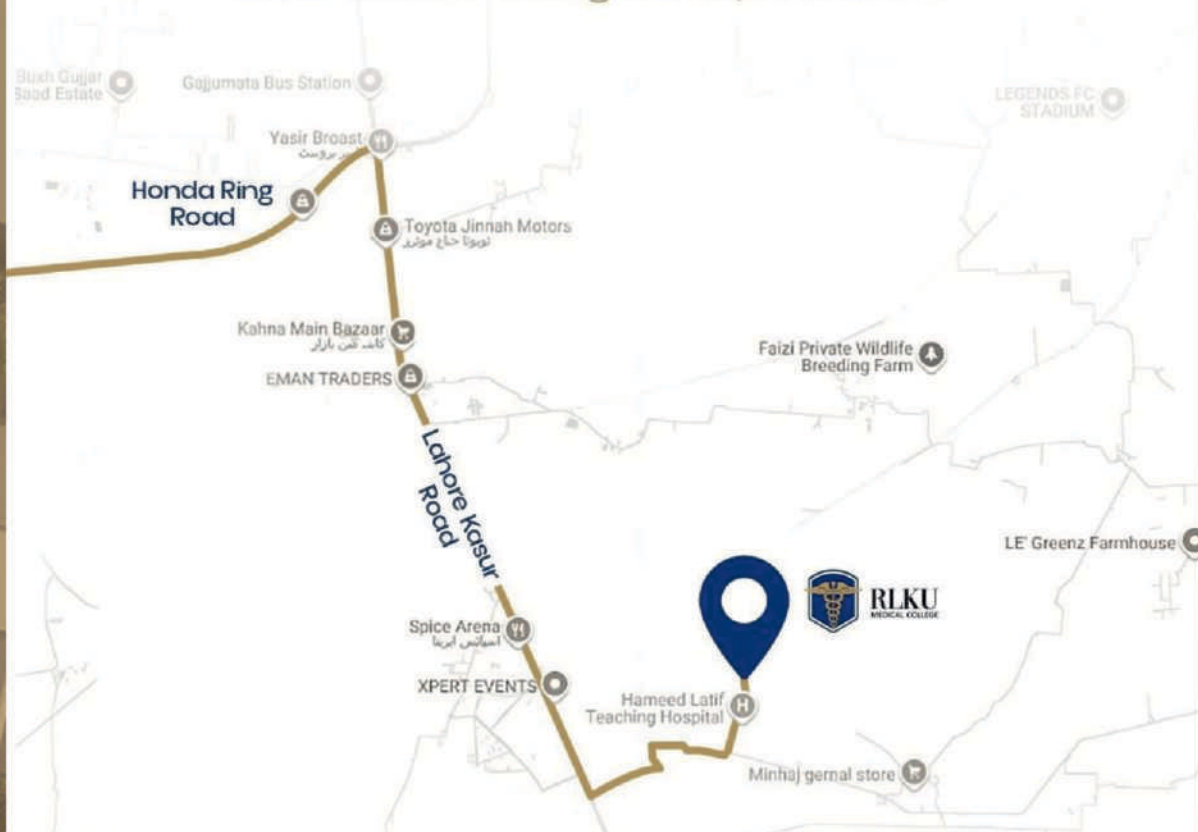
Affiliated with

University of Health Sciences

LOCATION

Easy to Reach,
Hard to Forget

RLKU Medical College Campus, Lahore





AFFILIATED HOSPITALS

HAMEED LATIF HOSPITAL

Hameed Latif Hospital was established in 1994, as a small 20 bed hospital to provide maternity services mainly to the middle class. Since then, thanks to the endeavours of the management and support of consultants, it has grown into 350 bedded state of the art tertiary care hospital, out of which 250 beds are allocated for teaching.

Hameed Latif Hospital is recognized for post-Graduate training of Medical Officers from the College of Physicians and Surgeons Pakistan. Post-Graduate students are provided training in the discipline of Gynaecology / Obstetrics, Paediatrics/ Neonatology, Surgery, Medicine and Anaesthesiology. The hospital provides 24 hours emergency services which are backed up by well-equipped 14 Operation Theatres, 03 Angioplasty and Angiography Units, Delivery Rooms, CCU, Intensive Care units, Clinical indoor & Outdoor departments.

Pediatrics, Obs & Gynae have been our flagship departments for many years but now many new specialist including Cardiology & Cardiac Surgery, Neurology and Neurosurgery, Orthopedic Surgery, Urology & Lithotripsy, Plastic Surgery, Dermatology & Cosmetology, ENT, Ophthalmology, Neurology, Pulmonology, Endocrinology, Medical Oncology, Gastroenterology, Nephrology & Dialysis, Laparoscopic Surgery & Thoracic Surgery are all being provided under one roof.

The hospital has well-equipped Dialysis Centre, Endoscopy unit, Blood Bank & Diagnostic facilities. Hospital diagnostic facilities like Laboratory and Radiology departments have been equipped with state-of-the-art equipment.

Hameed Latif Hospital also has a well renowned "LIFE IVF Centre" where infertility treatments are being offered to the patients. The Centre was the first to be established in Pakistan and is one the best in the region. Hameed Latif Hospital is supported by excellent Hameed Latif Pharmacy and Ambulance services which are available 24 hours for the deserving patients.

Hameed Latif Hospital is a standard bearer for the provision of quality healthcare to the parents where more than 1300 Doctors, Nurses, paramedical staff and support staff work to ensure patient care.





HAMEED LATIF TEACHING HOSPITAL

Hameed Latif Teaching Hospital, the teaching institute of RLKU Medical College Lahore, is located at 2.5 km Haeir Road, Sua-e-Asal, 28 km Main Ferozepur Road, Lahore. Established in October 2022, the hospital has a total capacity of 500 beds, including 250 dedicated teaching beds.

Spread across a 93,000 sq. ft. covered area within a 13-acre campus, the hospital is designed to deliver modern, accessible, and patient-centered healthcare. It is fully equipped and well-furnished, offering a wide range of clinical services including Internal Medicine, General Surgery, Obstetrics & Internal Medicine, General Surgery, Obstetrics & Gynecology, Pediatrics & Neonatology, Orthopedics, Urology, Ophthalmology, ENT, Psychiatry, Dermatology, along with specialized Pediatric Thalassemia services, Aesthetic services and a fully functional Hemodialysis Center. Expansion into advanced specialties like Preventive Cardiology and Neurosurgery is underway.

The hospital provides 24/7 Emergency Care, along with round-the-clock Blood Bank, Radiology, Laboratory and Pharmacy services. Outpatient services (OPD) are available from 8:00 AM to 3:00 PM, Monday to Saturday. As a teaching hospital, it is committed not only to medical education and training but also to ensuring accessible and compassionate care for patients across the city and province. Upholding a strong culture of community service, the hospital frequently conducts free medical camps, and provides both OPD and IPD services on a not-for-profit basis to support the community.

ABOUT OUR CULTURE



The culture of Lahore is a reflection of the lifestyle, festivals, literature, music, language, cuisine and socioeconomic conditions of its people, which are also evident in campus life.

PLAY GROUND



RLKU Medical College is a private college with a purpose-built campus featuring separate playgrounds for cricket, football and basketball. As a fully residential campus, it is essential to offer a variety of sports facilities to keep students engaged and physically fit. Therefore, the college offers a vast ground and basketball courts for sports enthusiasts.

WHY CHOOSE RLKU Medical College?



The campus was designed to provide students with the best possible university experience. It encompasses lush green land and is located in the suburbs of Lahore, easily accessible by public and college transport. The building offers spacious lecture halls, well-equipped laboratories, and a state-of-the-art audiovisual auditorium for both curricular and extra-curricular activities.

MOSQUE



A mosque is planned to be built on the campus. At RLUK Medical College, we respect all religions and cultures and focus on moral character development.

SKILLS LAB



The students are given practical training classes in skills lab to polish their clinical skills.

COMMON ROOMS



Separate common rooms for boys and girls are located on the second floor of the college building where students can relax and have discussions.

OUR LIBRARY

Our library has latest of medical textbooks and reference books to assist students during their preparation for examination. A spacious library is located in a separate block adjacent to the college building. It has all the essential text and reference books along with reference journals. The books are indexed and there is an e-library which as access to on-line journal and books. The library has been organized to meet the requirements of students and teachers and felicitates research work.

It has Following Sections:

- Basic Sciences
- Clinical Sciences
- Reference Book
- Reading Area
- E-library
- Urdu/English
- Literature



OUR FACILITIES

We are very pleased to tell you about our campus facilities that distinguish us from all the leading medical colleges. RLKU Medical College offers experiences, that foster a strong student community and helps them grow both personally and professionally. A healthy environment is provided to intellectually curious students, and prizes are offered as incentives to high-achievers.

COMPUTER LAB

Latest Computers are available in our computer lab to facilitate our students.

Our computer lab offers round the clock internet facility to all of the students.



TRANSPORT

Public transport is available at walking distance. The college runs a daily shuttle service from Hameed Latif Hospital (Opposite Qaddafi Stadium on Ferozepur Road) to RLKU Medical College and back for the convenience of the faculty and the students.



COLLEGE CAFETERIA

A cafeteria has been established within the campus that ensures food is prepared in a hygienic, clean, and well maintained environment. It provides a dedicated space for student and staff, serving meal at reasonable prices. The spacious cafeteria offers a variety of hot and cold dishes across all meals, upholding strict hygiene standards throughout food preparation.



ATTACHED HOSPITAL

The attached hospitals are the country's most successful and highly recognized healthcare centers with a dynamic's foundation of progressive care, practice, education and research following the footsteps of living legend Prof. Rashid Latif Khan (Sitara-E-Imtiaz).

The 250 bed teaching hospital, HLTH Hospital, is at walking distance from the college campus. Its appropriate location has allowed it to facilitate nearby villages and town, making it a pioneer health facility in this area.





FACULTY

The highly-qualified and experienced faculty of RLKU Medical College is deeply committed to medical sciences and is fully motivated to impart knowledge to the students. They focus on creating an environment where students can thrive, experience stress-free, interactive learning, and benefit from a wide array of training facilities.

Each faculty member mentors ten students. The small size of mentoring sessions makes sure that the students are being counselled individually regarding career progression, research publications and stress management. This strategy allows the students to build affirmative relationships with faculty members and other students.

Basic Sciences | Clinical Sciences

Medical Education | Quality Assurance



BASIC SCIENCES

The basic sciences comprise of Anatomy, Physiology, Biochemistry, Pharmacology, Pathology, Community Medicine, Forensic Medicine and Behavioral Sciences. Traditionally, the medical syllabus was introduced to medical students through the subjects of Anatomy, in order to make them aware of the structure of the human body, and physiology, the study of normal function of the body systems. Only basic sciences subjects were taught to the students until they entered the clinical years where clinical subjects were taught.

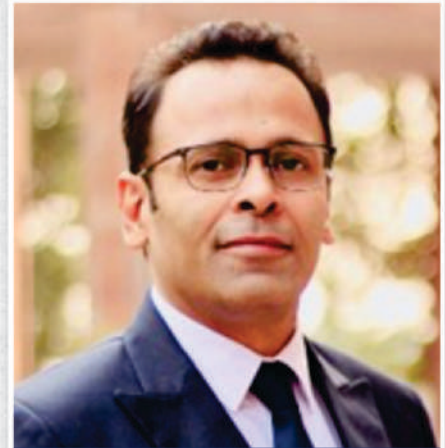
Over the last few years however, the strategy of medical education have evolved and more emphasis is now laid on combining the basic sciences with the clinical subjects in the years of the medical curriculum. The objective is to provide an integrated approach to learning for better understanding of structure, function and the process of disease.

As an affiliate of University of Health Sciences (UHS), the syllabus outline by the university is followed. According to this syllabus, clinical subjects are introduced in the early years alongside basic sciences subjects.

DEPARTMENT OF PHYSIOLOGY

The Department of Physiology at RLKU Medical College provides a robust foundation in body functions and homeostasis for early MBBS years. Teaching is aligned with the UHS curriculum and mapped to program learning outcomes, progressing from core concepts to clinical application.

Our Physiology Laboratory supports hands-on learning across cardiovascular, respiratory, neuro-muscular, renal, endocrine, and special senses. Practical work is delivered through structured timetables with defined faculty allocation and technician duty rosters. Facilities include ECG and blood pressure recording setups, spirometry and peak-flow meters, hematology stations, reflex and nerve-muscle apparatus, urinalysis benches, calorimetry/metabolism experiments, and audiovisual demonstration areas. Data recording and analysis are supported by standard lab software where appropriate.



PROF. FAHEEM MAHMOOD
VICE PRINCIPAL/PROFESSOR/HOD
MBBS, MPhil, PhD SCHOLAR, CHPE

Pedagogy integrates with Anatomy, Biochemistry, and clinical departments via case-linked tutorials, problem-solving sessions, and interpretation of laboratory/bedside physiological data. Regular formative assessments, OSPEs, and timely feedback guide learner progress. Students have access to the Library and Digital Resource Center for recommended texts, guidelines, and curated e-resources.

The department maintains safety SOPs and quality assurance for equipment calibration, consumables, and specimen handling. Faculty engage in curriculum review, scholarly activity, and continuous improvement of teaching and assessment. Through disciplined instruction, well-organized practical, and student-centered support, the Department of Physiology equips learners to apply physiological principles to diagnostics, clinical reasoning, and lifelong medical practice.



DEPARTMENT OF ANATOMY

The Department of Anatomy at RLKU Medical College builds a strong foundation in human structure with clear clinical relevance for early MBBS years. Teaching aligns with the UHS curriculum and mapped program learning outcomes, progressing from basic concepts to applied understanding.

Facilities include a modern Dissection Hall, a curated Anatomy Museum, and a fully equipped Histology Laboratory. Students learn through cadaveric dissection, expertly prepared prosecutions, osteology sets, anatomical models, and high-quality prepared histology slides viewed on light microscopes. Digital support-3D anatomy platforms and recorded demonstrations-enhances independent and small-group learning. Structured timetables, faculty allocation, and technician duty rosters ensure smooth delivery of practicals and tutorials.



PROF. DR. SHAKEELA NAZIR
PROFESSOR/HOD
MBBS, MPHIL,

Pedagogy integrates Anatomy with Physiology, Biochemistry, and clinical sciences via case-linked sessions, surface and radiological anatomy, and problem-based discussions. Regular formative assessments, OSPEs, and feedback cycles guide learning and continuous improvement. The department upholds strict ethical standards in body donation, respectful handling of human material, and laboratory safety.

Faculty contribute to curriculum review and quality enhancement. Students engage in mentorship, anatomy days, and research projects that link foundational knowledge to clinical practice. The department also supports early skills reinforcement through the Skills Lab. Through disciplined teaching, robust resources, and student-centered support, we prepare graduates to apply anatomical knowledge confidently in diagnostics, procedures, and lifelong practice.



DEPARTMENT OF BIOCHEMISTRY

The Department of Biochemistry at RLKU Medical College builds a core understanding of biomolecules, enzymes, metabolism, genetics, and clinical chemistry with clear clinical links. Teaching aligns with the UHS curriculum and the mapped program learning outcomes.

The laboratory supports hands-on learning through spectrophotometry/colorimetry stations, centrifuges, micropipettes, electrophoresis units, pH/buffer benches, incubators, water baths, balances, and urinalysis/dry-chemistry setups. Practical run on structured timetables with defined faculty allocation and technician rosters. Calibration logs, reagent inventory, biosafety, and waste-disposal SOPs are maintained.

Pedagogy integrates with Physiology, Anatomy, Pathology, and Pharmacology through case-linked tutorials connecting pathways to lab data, disease mechanisms, and therapeutics. Students practice data recording, interpretation, basic quality control, and error analysis.

Assessment includes practical notebooks, OSPEs, Vivas, and timely feedback with remediation support. Students access the Library/Digital Resource Center for guidelines and core references. Faculty lead curriculum review, scholarly activity, and continuous quality improvement—ensuring reliable practical exposure, disciplined teaching, and skills essential for diagnostics, therapeutic monitoring, and lifelong medical practice.



DEPARTMENT OF PATHOLOGY

The Department of Pathology at RLKU Medical College integrates education and patient services across Histopathology & Cytology, Hematology & Transfusion Medicine, Chemical Pathology, and Microbiology/Immunology. Teaching aligns with the UHS curriculum and mapped program learning outcomes, emphasizing clinico-pathologic correlation and safe laboratory practice.

Student learning covers both “general pathology” (cell injury, inflammation, hemodynamics, immunopathology, neoplasia) and “systemic pathology” (cardiovascular, respiratory, GI/hepatobiliary, renal, endocrine, hematolymphoid, CNS, musculoskeletal, female/male genital systems). Core competencies include gross and microscopic morphology, patterns of injury, pathogenesis and molecular underpinnings, staging/grading principles, and correlation with laboratory data and imaging. Case-based sessions, CPCs/tumor boards, and integrated tutorials link mechanisms to presentation, investigation, and management.



PROF. NADIA MAHMOOD

PROFESSOR/HOD
MBBS, M.Phil, PhD Scholar, CHPE

Structured practicals cover specimen reception/ID, smears and staining, CBC/indices and coagulation basics, urinalysis, chemistry analytes, culture/sensitivity principles, internal QC, and result interpretation. Teaching–learning methods include lectures, small-group discussions, SDL with guided reading, and demonstrator-led microscopy. Assessment uses MCQs/SAQs/SEQs, OSPEs, slide discussions, and Vivas with timely feedback and remediation.

As a hospital-serving unit, the department delivers routine and urgent diagnostics with defined TATs, supports antimicrobial and transfusion stewardship, and provides consults in multidisciplinary meetings. Quality systems—equipment maintenance, calibration/controls, reagent inventory, and internal/external QA—ensure accuracy, traceability, and reliable reporting.



DEPARTMENT OF COMMUNITY MEDICINE

The Department of Community Medicine at RLKU Medical College prepares students to understand, measure, and improve population health. Teaching aligns with the UHS curriculum and mapped program learning outcomes, integrating epidemiology, biostatistics, research methods, health promotion, environmental/occupational health, maternal–child health, health systems management, and disaster preparedness.

Learning is case-linked and practice-oriented. Students design surveys, conduct community diagnosis, and apply screening and health-education strategies. Field placements (e.g., visits to primary healthcare facilities and community sites) expose learners to immunization services, disease surveillance concepts, and primary care workflows. Practical components include data collection, analysis and interpretation (using standard statistical tools), development of IEC materials, and audit/quality-improvement mini-projects.

Assessment combines MCQs/SAQs, OSPEs, project reports, and presentations with timely feedback and remediation. Faculty allocation, structured timetables, and SOPs for field safety, ethics, and informed consent underpin all activities. The department collaborates with internal clinical units and external public-health partners for joint sessions on outbreak investigation drills, antimicrobial stewardship awareness, and health-promotion campaigns.

Through disciplined instruction, community engagement, and data-driven practice, the Department of Community Medicine equips graduates with practical skills in prevention, early detection, and systems thinking—building competence to contribute to primary care, public-health programs, and evidence-based policy.



PROF. MAAZ AHMAD
PROFESSOR/HOD
MBBS, M.Phil



DEPARTMENT OF PHARMACOLOGY

The Department of Pharmacology at RLKU Medical College trains MBBS students to prescribe safely and rationally. Teaching is aligned with the UHS curriculum and mapped to program learning outcomes, linking pharmacokinetics/pharmacodynamics with disease management and patient safety.

The Pharmacology Laboratory supports hands-on learning in dosage calculations, prescription writing, medication error prevention, adverse drug reaction (ADR) reporting, essential medicines concepts, and formulary use. Practical delivery follows structured timetables with defined faculty allocation and technician duty rosters; equipment logs, reagent inventory, and biosafety/waste-disposal SOPs are maintained.



Pedagogy is case-linked and integrates with Pathology, Medicine, and Community Health through problem-solving sessions on therapeutic choices, drug interactions, and special populations (pregnancy, renal/hepatic impairment, geriatrics). Students practice interpreting labels, counseling points, and non-pharmacological adjuncts, with emphasis on antimicrobial stewardship and pharmacovigilance.

Assessment includes OSPEs, prescription audits, Vivas, and timely feedback with remediation support. Faculty contribute to curriculum review, scholarship, and continuous quality improvement—ensuring disciplined teaching, reliable practical exposure, and the competencies required for safe, evidence-based therapeutics.



DEPARTMENT OF FORENSIC MEDICINE

The Department of Forensic Medicine at RLKU Medical College is pledged to provide world-class Forensic training to future doctors. It is committed to working towards the development of the field of Forensic sciences including forensic medicine and toxicology to the highest standards of excellence to facilitate the maintenance of law and justice in society.

To achieve these goals, the college has established a well-equipped department of forensic medicine and toxicology which is housed in a purpose-built building with state-of-the-art facilities including a fully equipped laboratory and museum of forensic medicine and toxicology. The faculty comprises of well trained and qualified medical and paramedical professionals with expertise in forensic medicine and toxicology. Training in forensic medicine and toxicology is carried out according to the requirements of the Pakistan Medical Commission and other regulatory bodies.



DEPARTMENT OF MEDICAL EDUCATION

Medical education is the backbone of a safe, modern health system. In today's rapidly evolving, competency-driven era, the DME ensures that training at RLKU Medical College remains rigorous, relevant, and aligned with national and international standards.

The DME leads curriculum planning, assessment quality, and faculty development, aligning all programs with UHS requirements and PM&DC/WFME standards. We coordinate outcome-based curriculum design and mapping, timetable integration, and continuous course review with the Curriculum Committee—ensuring constructive alignment between learning outcomes, teaching methods, and assessments.

Core services include faculty development (teaching skills, feedback, OSCE/OSPE, small-group facilitation, e-learning), assessment planning, secure item banking, psychometrics (item analysis, reliability indices, post-exam review), and student evaluation systems (surveys, focus groups, feedback loops) with the help of Exam Cell and Quality Assurance Departments. DME supports Skills/Simulation Lab activities (checklists, scenario design, DOPS/mini-CEX/OSCE stations), learning resources (study guides, study skills, remediation pathways), and mentorship programs. We embed educational research and scholarship, promote reflective practice, and disseminate QA reports for continuous improvement.

In addition, DME is actively involved in teaching covering Professionalism, Leadership, Ethics and Research aligned with the curriculum of the affiliated University. Operationally, the DME provides templates/SOPs, maintains accreditation-ready documentation, and partners with departments, QAD, Library/IT, and Student Affairs to deliver coherent learner experience.

Our mandate is clear: *evidence-based teaching, fair and defensible assessment, and measurable outcomes—so every RLKU Medical College graduate meets defined competencies and is prepared for clinical training and lifelong learning.*



DEPARTMENT OF QUALITY ASSURANCE

The QAD safeguards and elevates academic and administrative quality at RLKU Medical College. We design and implement college-wide QA frameworks aligned with WFME/PM&DC standards and UHS requirements, ensuring that teaching, assessment, research, and student services meet defined benchmarks.

Our core work: set quality standards; run structured audits, self-assessments, and program reviews; analyze performance data (student outcomes, assessment quality, faculty development); and issue improvement recommendations with clear timelines and ownership. We support departments through targeted training, templates/SOPs, and on-site guidance.

The QAD is led by a Director and supported by Quality Assurance Officers (QAOs) assigned to standing committees (e.g., Curriculum, Assessment, Research) to embed QA into routine operations. Administrative staff manage data, documentation, and reporting. The DQA reports directly to the Principal, enabling rapid action and transparent oversight.

We promote a culture of evidence, accountability, and continuous improvement—closing the loop via follow-up reviews and stakeholder feedback. Our goal is simple: reliable, student-centered, and accreditation-ready performance across the college—every course, every assessment, every year.



DR. ASIM ZIA
DIRECTOR QUALITY ASSURANCE
MSc(UK), AFFSoc, MBBS





CLINICAL DEPARTMENTS

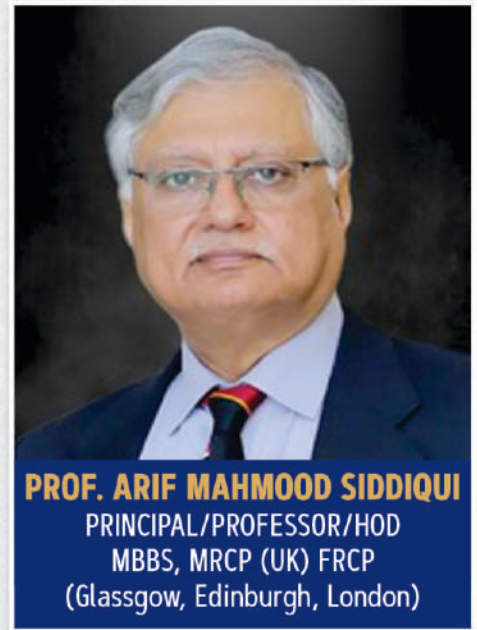
Hameed Latif Teaching Hospital, the on-site teaching hospital has all the major specialties housed in a purpose-built building. The hospital has been designed to facilitate smooth patient flow and is in line with current best practices of hospital design, dedicated to transforming healthcare experience. Our commitment to excellence, combined with a compassionate approach, sets us apart as a trusted healthcare provider.

Our clinical departments are meticulously designed to cater to a wide range of medical needs. From accidents and emergencies that demand swift attention to the nuances of dermatology that deserve meticulous care, we have you covered. Each department is staffed with experienced professionals who bring expertise, empathy, and a deep sense of responsibility to their roles.

We have diverse array of specialties, each tailored to meet the unique needs of our patients. Whether it's the precision of cardiology, the artistry of plastic surgery, or the sensitivity of pediatric care, our aim remains constant: to provide comprehensive healthcare that respects your dignity and well-being.

DEPARTMENT OF INTERNAL MEDICINE

RLKU's Department of General Medicine comprises a 75-bed Division of Internal Medicine with subspecialty divisions in Cardiology, Pulmonology, Nephrology, Neurology, and Gastroenterology. Services run across Hameed Latif Teaching Hospital and Hameed Latif Hospital, with outpatient clinics at both sites and seamless linkage to two medical ICUs. Facilities include a CCU, Cath lab, echocardiography, ECG stress testing, video gastroscopy and colonoscopy, bronchoscopy, pulmonary function testing, and in-house hemodialysis with comprehensive nephrology support. Care is delivered by consultant-led teams using standardized pathways, robust infection-prevention and antimicrobial-stewardship practices, and integrated diagnostics for timely, safe, and patient-centered outcomes.



As a teaching unit, the department offers structured, bedside-focused learning aligned with the UHS curriculum and mapped outcomes. A dedicated faculty—supported by an in-house “training-the-trainers” program—uses modern teaching and assessment tools: supervised rounds and clinics, case-based discussions, CPCs, skills-lab sessions (e.g., IV access, ABG sampling, safe oxygen therapy), and workplace-based assessments (DOPS/mini-CEX), OSCEs, and logbooks. The culture is student-friendly and mentorship-driven: learners are encouraged to ask questions, engage in audit/research, and provide routine feedback that informs continuous improvement. Faculty provide academic guidance, professional counseling, and active support for graduates seeking suitable training opportunities within Pakistan and abroad.



DEPARTMENT OF GENERAL SURGERY

At RLKU Medical College and Affiliated HLTH and HLH Teaching Hospital, department of General Surgery provides round-the-clock, consultant-led care across outpatient clinics, emergency cover, elective and urgent theatres, and day-care procedures.

The service covers the full scope of contemporary general surgery across outpatient, inpatient, day-care, endoscopy, and emergency settings, delivered through consultant-led teams with standardized peri-operative pathways and ICU/HDU support. supported by modern operating rooms, image-guided interventions, endoscopy, and ICU/HDU backup. Standardized peri-operative pathways—pre-assessment, enhanced recovery, infection prevention, analgesia/VTE prophylaxis—and the WHO Surgical Safety Checklist are embedded. Quality is monitored through morbidity & mortality reviews, surgical audits, antimicrobial stewardship, and close collaboration with Anesthesia, Radiology, and Pathology.



PROF. MUHAMMAD TAHIR CH
PROFESSOR/HOD
MBBS, FRCS

As a teaching unit, the department aligns with the UHS curriculum and focuses on work-ready competencies. Students learn focused history and examination, consent and ethics, asepsis and OT etiquette, fluid–electrolyte and nutrition basics, antimicrobial use, wound care and drains, suturing and knot-tying, and initial trauma/emergency management. Learning occurs on ward rounds and clinics, in OT observership/assisting under supervision, skills-lab sessions (instrument handling, sutures, simulated scenarios), and case-based discussions with Radiology/Pathology for clinico-diagnostic correlation. Assessment includes MCQs/SAQs, case presentations, DOPS/mini-CEX, logbooks, and OSCEs with feedback and remediation. The department's dual mandate—safe patient care and structured training—builds early surgical competence, professionalism, and lifelong learning habits.

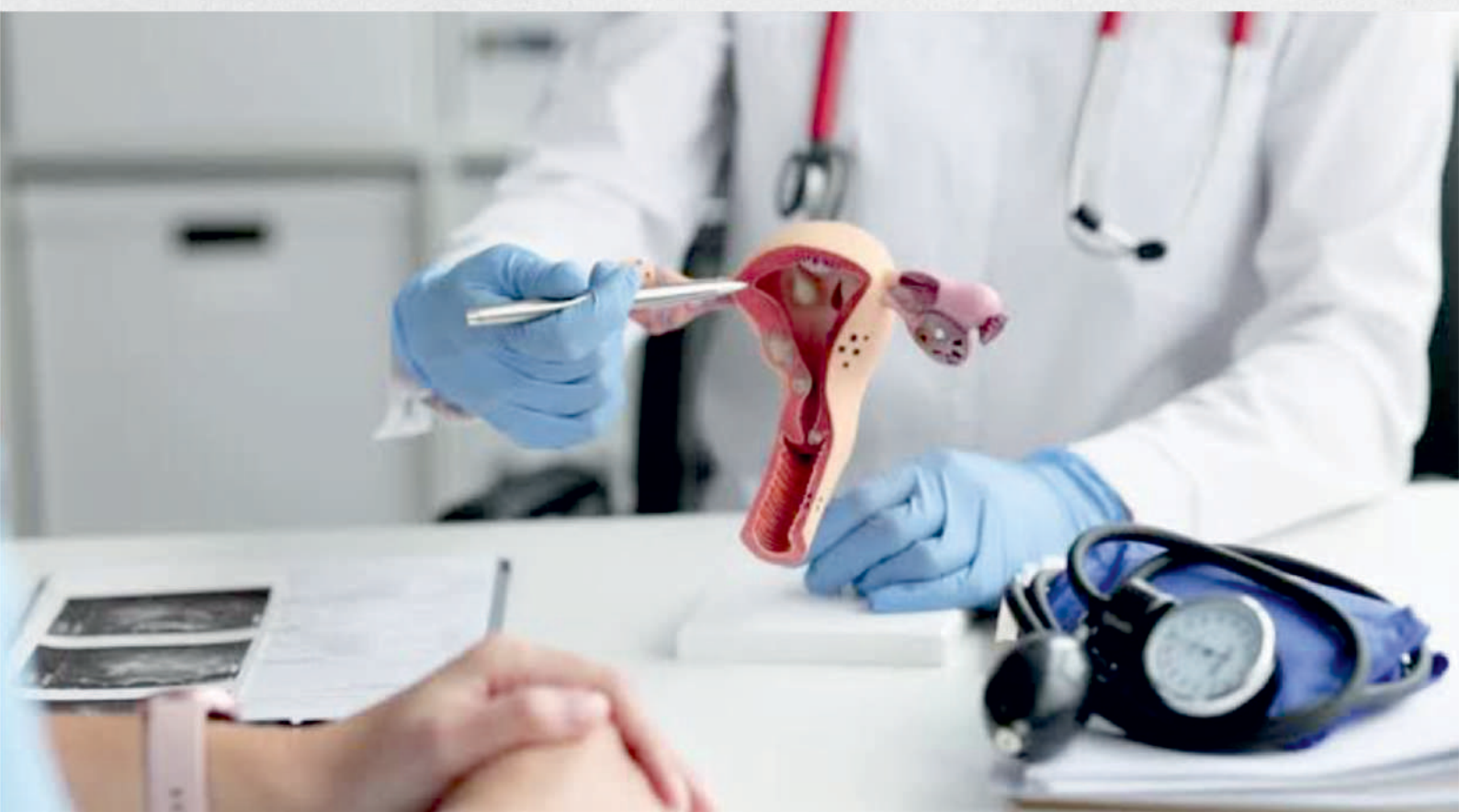


DEPARTMENT OF OBSTETRICS & GYNAECOLOGY

Our OBGYN service offers advanced, consultant-led women's health across outpatient, inpatient, day-care, and 24/7 emergency settings. Facilities include dedicated operating theatres, delivery rooms and recovery units, comprehensive ultrasound and fetal assessment, and NICU/neonatal support. Minimally invasive gynaecologic surgery is delivered through a specialized unit with a custom OT and extensive laparoscopy/hysteroscopy experience. The ultrasound suite supports prenatal screening and invasive fetal procedures (CVS, amniocentesis, intrauterine transfusion) alongside 3D/4D imaging; a gynaecological laser treatment center complements benign gynaecology services. Standardized care pathways, infection-prevention measures, antimicrobial stewardship, and regular audits/M&M meetings ensure quality and safety.

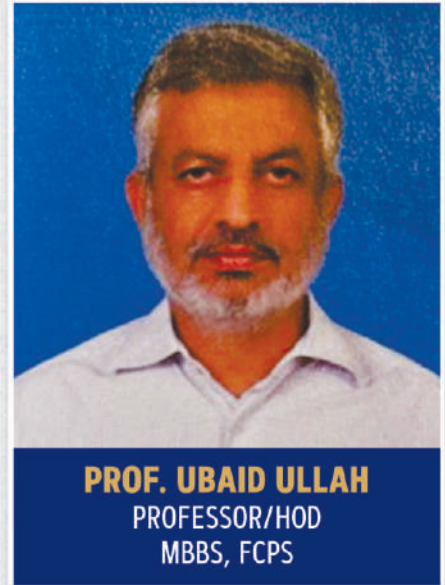


As a teaching unit of RLKU Medical College, the department aligns with the UHS curriculum and mapped outcomes. Students gain competencies in focused obstetric and gynaecologic history/examination (with consent and chaperone), antenatal risk stratification, partograph use, CTG interpretation, initial management of obstetric emergencies (PPH, eclampsia, sepsis), contraception counselling, and basics of infertility workups. Teaching-learning occurs on ward rounds, antenatal/postnatal clinics, labour & delivery exposure under supervision, OT observership/assisting, CPCs/MDTs, and Skills-Lab simulations (normal delivery, AMTSL, obstetric emergency drills, neonatal resuscitation with Pediatrics). Structured timetables defined faculty allocation and staff duty rosters, and institutional SOPs support consistent training and patient-centered care.



DEPARTMENT OF PAEDIATRICS

Pediatrics department at RLKU Medical College's attached hospitals (Hameed Latif Teaching Hospital and Hameed Latif Hospital) provides consultant-led care for newborns, infants, children, and adolescents across outpatient clinics, 24/7 emergencies, inpatient wards, and day-care. Services include neonatal care (with delivery-room support and neonatal resuscitation), management of common and complex childhood illnesses, growth and development assessment, immunization services, nutrition and lactation support, and coordination with subspecialty clinics (e.g., cardiology, neurology, nephrology, pulmonology, gastroenterology, endocrinology). Care pathways embed triage, sepsis and respiratory protocols, safe medication use, infection-prevention practices, antimicrobial stewardship, and regular audits/M&M meetings. Multidisciplinary input from Radiology, Pathology, Pharmacy, Physiotherapy, and Dietetics supports timely, family-centred care.



As a teaching unit, the department aligns with the UHS curriculum and mapped outcomes. Students develop competencies in pediatric history-taking and age-appropriate examination, growth charting, developmental screening, fluid-electrolyte and nutrition principles, rational investigations (CBC, electrolytes, CRP, chest X-ray), and initial management of common emergencies (asthma/wheeze, dehydration, febrile seizures, sepsis). Learning occurs on ward rounds and clinics, in emergency exposure under supervision, CPCs/case discussions, and Skills Lab sessions covering neonatal resuscitation, IMNCI approach, oxygen therapy, IV access, drug/IV fluid calculations, and vaccine counselling. Assessment uses workplace-based tools (DOPS/mini-CEX), OSCEs, case presentations, logbooks, and structured feedback with remediation. A mentorship culture encourages questions, audit/research participation, and professional guidance toward suitable training opportunities.



DEPARTMENT OF OPHTHALMOLOGY

At RLKU Medical College's attached hospitals—HLTH and HLH—Ophthalmology provides consultant-led eye care across OPD, emergency, day-care, and theatres. Services span routine to advanced care with full diagnostics (refraction, slit-lamp, tonometry, gonioscopy, indirect ophthalmoscopy, visual fields, A/B-scan, OCT, fundus imaging) and treatment for cataract, glaucoma, diabetic retinopathy, pediatric/strabismus, macular disease, and retinal pathologies, including intravitreal and laser options where indicated. The unit operates to sterilization and infection-prevention SOPs with audit/M&M oversight to ensure safe, timely outcomes.

As a teaching unit, the department aligns with the UHS curriculum and mapped outcomes. Students learn focused ocular history and exam, visual-acuity testing, pupil responses, motility and cover tests, fluorescein staining, basic tonometry, and funduscopy. Clinical exposure includes triage of red/painful eye and trauma, OPD/OT observership, and case-based discussions (cataract, refractive error, glaucoma, diabetic eye disease, infections). Skills-lab coverage: chemical-injury irrigation, lid eversion, protective shield application, and referral criteria. Assessment uses OSCEs, DOPS/mini-CEX, case presentations, logbooks, and structured feedback.



PROF. QASIM LATIF
PROFESSOR/HOD
MBBS, FCPS



DEPARTMENT OF ORTHOPEDIC SURGERY

At RLKU Medical College's attached hospitals—HLTH and HLH—Orthopaedics delivers consultant-led care across OPD, emergency, day-care and theatres, with integrated diagnostics and peri-operative pathways. Services cover trauma/fracture management, arthroscopy, joint replacement, spine, pediatric Orthopaedics, and deformity correction, supported by multidisciplinary anesthesia, radiology and rehabilitation teams. HLH additionally provides arthroscopic ligament/joint repair and total hip/knee replacement alongside comprehensive fracture care.

As a teaching unit, the department follows the UHS-aligned curriculum with structured bedside teaching, skills-lab sessions, supervised clinics/OR exposure, and case-based discussions. Students develop competencies in focused musculoskeletal history and examination, radiograph interpretation, initial trauma care (immobilization, reduction principles), peri-operative infection prevention, analgesia/VTE prophylaxis concepts, and rehabilitation basics. Assessment employs OSCEs, DOPS/mini-CEX, logbooks and case presentations with timely feedback and remediation.

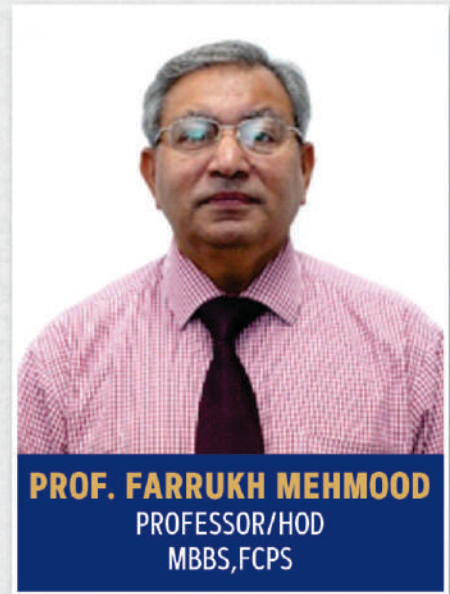


PROF. RANA DILAWAIZ NADEEM
PROFESSOR/HOD
MBBS, FRCS Ed, MD, MCH, CMT



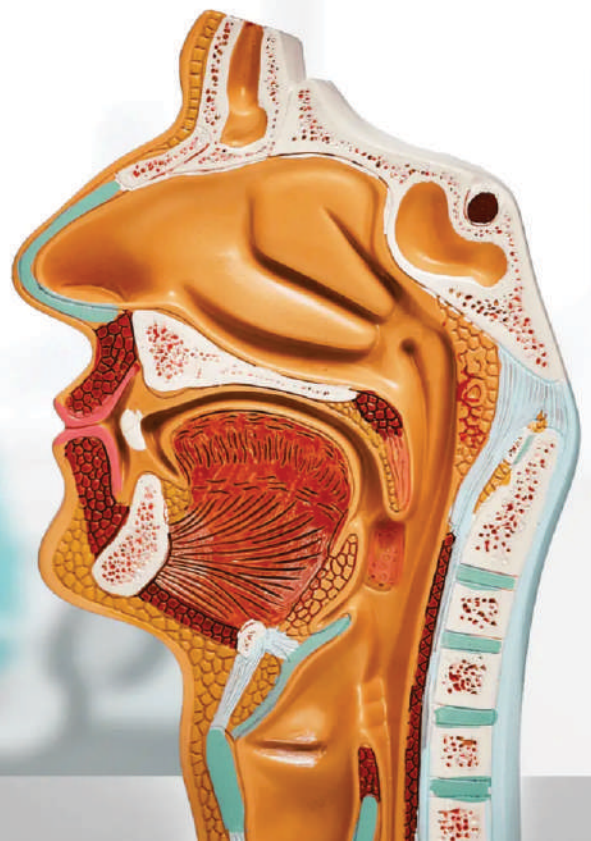
DEPARTMENT OF ORHINOLARYNGOLOGY (ENT)

At RLKU Medical College's attached hospitals—HLTH and HLH—ENT delivers consultant-led care across OPD, emergency, day-care, and operating theatres, with endoscopy and audiology support. The service covers ear, nose, throat, head & neck, and airway work: middle-ear and mastoid surgery; nasal/septal and sinus procedures (including FESS and fracture reduction); tonsil/adenoid surgery; microlaryngeal and endoscopic airway procedures; foreign-body removal (ear/nose/throat/esophagus/bronchus); and head-and-neck operations (lymph-node/thyroid-related, salivary gland, branchial/thyroglossal/dermoid, parotid—superficial), alongside trauma and laceration repair. Peri-operative pathways use standardized consent, WHO Surgical Safety Checklist, infection-prevention practices, analgesia/antibiotic stewardship, and M&M/audit for quality improvement. Multidisciplinary links with Anesthesia, Pulmonology, Pediatrics, Radiology, Pathology, ICU/HDU, and Speech & Swallow therapy support comprehensive care.



As a teaching unit, the department aligns with the UHS curriculum and mapped outcomes. Students learn focused ENT history; otoscopy, tuning-fork tests, and basic audiology concepts; anterior rhinoscopy and epistaxis control (pressure, packing); oropharyngeal exam; indications for laryngoscopy, bronchoscopy, and esophagoscopy; acute airway assessment, tracheostomy care, and foreign-body principles; and postoperative wound and drain care.

Learning occurs in clinics, emergency exposure, endoscopy/theatre observership (assisting under supervision), case-based discussions, and skills-lab sessions (ear exam, nasal packing, basic suturing, airway drills). Assessment uses OSCEs, DOPS/mini-CEX, case presentations, logbooks, and structured feedback—with a mentorship culture that encourages questions, audit/research participation, and professional development.



DEPARTMENT OF PSYCHIATRY & BEHAVIOURAL SCIENCES

At RLKU Medical College's attached hospitals—HLTH and HLH—the Psychiatry service provides consultant-led assessment and management of mental, emotional, and behavioral disorders for adolescents and adults across OPD, emergency liaison, day-care, and inpatient settings. Care emphasizes timely triage, evidence-based treatment plans, family engagement, coordinated follow-up, and collaboration with Clinical Psychology, Medicine, Neurology, and Community Medicine. Service scope includes diagnosis, treatment, and prevention, ensuring comprehensive, patient-centered care within a multidisciplinary hospital network.



PROF. SUMAIRA QAMBAR
PROFESSOR/HOD
MBBS, FCPS

As an academic unit, the department teaches Psychiatry and Behavioral Sciences within the UHS-aligned MBBS curriculum. Core domains: mental-health awareness and counselling fundamentals; clinical interviewing and mental-status examination; risk assessment and safeguarding; diagnostic formulation using standard classifications; principles of pharmacotherapy and psychotherapeutic approaches; liaison psychiatry; and community mental health. Delivery includes bedside teaching, case-based discussions, CPCs/MDTs, simulation/role-play, and supervised OPD/ward exposure. Assessment uses OSCEs, workplace-based tools (DOPS/mini-CEX), case write-ups, and reflective logs, with structured feedback and remediation. The unit promotes student wellbeing, research/audit participation, and ethical practice, aligning with RLKU's stated focus on mental-health education within Behavioral Sciences.





WELCOME TO THE COUNSELING AND WELLNESS CENTRE



A HEALTHY MIND IS THE
GREATEST TREASURE.

EMBRACE YOUR MIND,
EMBRACE YOUR LIFE.



Established on 20th September 2022, the Counseling and Wellness Centre (CWC) at RLKU Medical & Dental College is a dedicated initiative supporting the psychological well-being of students, faculty, and staff. We offer confidential, evidence-based services that promote emotional resilience, academic success, and personal growth.

WHOWESERVE?

CWC is available to all students, faculty, and staff of RLKU Medical & Dental College. Our goal is to create a supportive environment where every individual feels heard, valued, and equipped to overcome challenges.

Free Psychological & Counseling Services for All Students On Campus and Online in times of Crisis.

CWC equips the **RLKUMC** community with skills to manage emotional, psychological, family and academic challenges.

CWC provides psychological support and brief interventions to help **RLKUMC** students achieve academic and personal goals.

Why visit the **Counseling & Wellness Center (CWC)**?

RLKUMC students seek support for:

- College Adjustment
- Relationship Issues
- Grief & Loss
- Family Conflicts
- Academic Stress
- Depression & Anxiety
- Substance Use
- Abuse & Harassment

The CWC strictly follows confidentiality guidelines set by the **American Psychological Association (APA)**. Limited exceptions apply in cases involving safety or legal concerns.

Clinical files are securely maintained and are not part of a student's academic record. Accessing CWC services will not affect your academic or professional future.

OUR TEAM

Led by a certified Consultant Clinical Psychologist, our team is trained in modern therapeutic approaches and committed to working collaboratively with individuals and the institution to remove barriers to well-being and performance.

CONTACT INFORMATION

Consultation Hours: Mondays - Friday, 8:30 AM – 2:00 PM

Session Fee: Free for RLKU students

Email: counselling.wellness@rlkumc.edu.pk

Emergency Support: Online sessions available during off-hours in cases of extreme distress



INSPIRATIONAL SPEAKER PROGRAM

RLKU MEDICAL COLLEGE

PURPOSE

To inspire students to pursue excellence, resilience, and leadership in their medical careers while fostering a growth mindset and a commitment to ethical practice.

VISION

To motivate and empower students by exposing them to accomplished professionals, alumni, and thought leaders who can share experiences, challenges, and strategies for success in medicine.

EXPECTED OUTCOMES

Increased motivation, self-confidence and career clarity. Exposure to real-world experiences and professional networks. Enhanced soft skills, resilience and goal-oriented mindset. Awareness of diverse career pathways in medicine.

INSPIRE PROGRAM AT RLKUMC

**INTEGRATING NOBLE SERVICE,
PROFESSIONALISM, AND
INNOVATIVE ROLES IN MEDICAL
EDUCATION**



RLKU
MEDICAL & DENTAL COLLEGE

PROGRAM HIGHLIGHTS

- HANDS-ON LEARNING BEYOND THE CLASSROOM
- BUILDS CORE VALUES: CHAMPIONS
- DEVELOPS PERSEVERANCE, INNOVATION AND SELF-DISCIPLINE

COMMUNITY SERVICE PLACEMENTS

- Real community engagement
- Serve vulnerable groups
- Exposure to social responsibility

SUPPORT ROLE ROTATIONS

- Administration Assistance
- Patient Facilitation
- Storekeeping
- Medical Camp Assistance
- Waste Management & Safety Support
- Strengthens professionalism



"STUDENT DEVELOPMENT, SUPPORT & ENRICHMENT PROGRAMS"



RLKU
MEDICAL & DENTAL COLLEGE

STUDENT RESEARCH AT RLKUMC

VISION

To cultivate a research-oriented mind set among students by fostering innovation, critical thinking, and curiosity.



PROGRAM HIGHLIGHTS

- Workshops: research methods, stats & ethics
- Supervisor guidance for all projects
- Regular progress check-ins
- Ethics approval for all projects
- Support for conferences & publications



WHAT YOU'LL GAIN

- Hands-on research experience
- Data analysis & writing skills
- Conference & publication opportunities
- Confidence in evidence-based medicine

"STUDENT DEVELOPMENT, SUPPORT & ENRICHMENT PROGRAMS"



MENTORSHIP PROGRAM RLKUMC

Cultivate a supportive academic community through continuous faculty guidance, enhancing academic progress, resilience, and professional growth.



STRUCTURE

- Small mentorship groups (8–12 students)
- Monthly formal meetings + group & individual sessions
- Focus: study strategies, stress management & career planning



OUTCOMES

- Better academics & well-being
- Strong faculty-student connections
- Confidence & resilience
- Supportive academic culture



OBJECTIVES

- Individualized academic support
- Build confidence & well-being
- Foster responsibility & reflective practice



RLKU
MEDICAL & DENTAL COLLEGE

STUDENT CAREER COUNSELING PROGRAM

Empower students to make informed, confident, and meaningful career choices aligned with their strengths and aspirations.



PROGRAM HIGHLIGHTS

- Specialty & postgraduate guidance
- Leadership & communication skills
- Resume, interviews & research support

PROGRAM OUTCOMES

- Self-awareness & goal-setting
- Residency & postgraduate readiness
- Leadership & decision-making skills



RLKU
MEDICAL COLLEGE

WHITE COAT CEREMONY AT RLKU MEDICAL COLLEGE

HISTORY

The White Coat Ceremony is a globally recognized tradition in medical education, first introduced in 1993 by Dr. Arnold P. Gold at Columbia University, New York. Its purpose is to formally welcome students into the medical profession, symbolizing the transition from preclinical studies to the responsibilities of patient care.

AT RLKUMC

- RLKU Medical College adopted this meaningful tradition since its start to instill professionalism, ethics and compassion from the very beginning of a student's medical journey.
- The ceremony at RLKUMC has become an annual hallmark, marking the entry of new students into the noble profession of medicine.
- The White Coat Ceremony at RLKU Medical College embodies the institution's commitment to cultivating ethically grounded, compassionate and competent physicians. By donning the white coat and reciting the professional oath, students embrace the institutional core values.

"STUDENT DEVELOPMENT, SUPPORT & ENRICHMENT PROGRAMS"



As per RLKUMC's proud tradition since 2023

MERIT-BASED SCHOLARSHIP ANNOUNCEMENT!

GREAT NEWS FOR MBBS STUDENTS!

Students achieving outstanding academic performance are eligible for a Merit Scholarship in recognition of their excellence.

SCHOLARSHIP DETAILS

Applicable for MBBS students

- **Eligibility:** Minimum 90% aggregate required to apply
- **Basis of Merit:** Calculated from MDCAT, FSc/Equivalent and Matric/Equivalent results

Encouraging
excellence –
Rewarding
achievement!

 For details
+92 301 2986216

 Department of
Student Affairs, RLKUMC

"STUDENT SOCIETIES OF RLKUMC"



RLKU
MEDICAL & DENTAL COLLEGE

CULTURAL & CREATIVE SOCIETIES

OBJECTIVES:

- Promote performing arts on campus.
- Provide a platform for creative expression through theatre.
- Organize stage plays, skits, and cultural performances.

OUTCOMES:

- Refined acting and stage management skills.
- Improved teamwork and creativity.
- Contribution to a vibrant campus cultural life.



OBJECTIVES:

- Enhance campus aesthetics through creative projects.
- Promote artistic talent among students.
- Support décor needs for institutional events.

OUTCOMES:

- Improved visual environment on campus.
- Greater student involvement in creative initiatives.
- Polished artistic and design skills.

OBJECTIVES:

- Provide a platform for vocal and instrumental talent.
- Organize musical performances at college events.
- Encourage cultural appreciation through music.

OUTCOMES:

- Enhanced musical skills among students.
- Rich cultural contributions to campus events.
- Participation in intercollegiate music competitions.



"STUDENT SOCIETIES OF RLKUMC"



RLKU
MEDICAL & DENTAL COLLEGE

CO-CURRICULAR & ACADEMIC SOCIETIES

OBJECTIVES:

- Serve as an umbrella platform showcasing student life.
- Organize campus-wide events, orientations, and celebrations.
- Encourage student bonding.

OUTCOMES:

- Well-integrated student community.
- Improved communication across societies.
- Institutional identity and student engagement.



OBJECTIVES:

- Develop critical thinking, logic, and structured argumentation.
- Train students for intercollegiate debates and MUN-style events.

OUTCOMES:

- Increased student participation in formal debates.
- Enhanced analytical and communication skills.
- Better representation in academic competitions.

OBJECTIVES:

- Promote reading, writing, and intellectual discourse.
- Encourage reflective and expressive abilities.

OUTCOMES:

- Strengthened written communication skills.
- Increased participation in literary competitions.
- A more intellectually engaged student body.



"STUDENT SOCIETIES OF RLKUMC"



RLKU
MEDICAL & DENTAL COLLEGE

SPORTS & OUTDOOR SOCIETIES

OBJECTIVES:

- Support patient-centered welfare initiatives.
- Organize donation drives, awareness campaigns, and volunteer services. Cultivate empathy and service values in future healthcare professionals.

OUTCOMES:

- Stronger community engagement.
- Increased student participation in humanitarian activities. Hands-on exposure to patient support.



OBJECTIVES:

- Promote physical fitness and teamwork.
- Encourage regular participation in healthy recreational activities.
- Organize inter- and intra-college sports events.

OUTCOMES:

- Improved physical wellbeing among students.
- Stronger teamwork and sportsmanship.
- Representation of the college in competitive sports.

OBJECTIVES:

- Encourage outdoor learning, resilience, and environmental awareness.
- Organize hiking, camping, and exploration activities.

OUTCOMES:

- Improved leadership and survival skills.
- Stronger appreciation for nature and teamwork.
- Increased participation in healthy outdoor activities.





CODE OF CONDUCT

The medical profession involves extensive training to acquire comprehensive knowledge and specialized clinical skills that are founded upon robust ethical principles. As prospective members of the medical community, medical students are obligated to uphold the prescribed moral values essential for exceptional clinical practice and to conduct themselves in a manner consistent with the professional standards of this esteemed vocation.

Professionalism constitutes a fundamental element of the curriculum at RLKU Medical College. The primary goal of the college is to produce graduates who not only practice medicine safely and demonstrate exemplary professional conduct, but also demonstrate rationality, moderation, and compassion as individuals. The subsequent code of conduct outlines the fundamental values and principles that will assist students in achieving professional eminence and preparing for their forthcoming careers.

GENERAL BEHAVIOR

Students are expected to consistently exhibit dignified professional conduct.

RESPECT FOR STAFF, STUDENTS, AND PATIENTS

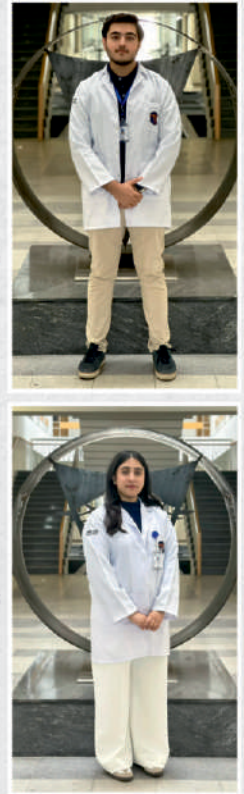
Students are required to demonstrate respect in their interactions with college and hospital staff, as well as with fellow students, irrespective of gender, age, culture, ethnicity, socio-economic status, and religious beliefs.

PROFESSIONAL INTEGRITY

All students are expected to maintain elevated standards of professional integrity, emphasizing honesty and accountability in all professional and academic endeavors. Students must demonstrate honesty, dependability, and responsibility in their academic interactions, which includes fulfilling assigned tasks and responsibilities, meeting deadlines, maintaining punctuality and communicating intended absences. Forgery, cheating, falsification, and/or plagiarism are considered significant breaches of professional conduct.

APPEARANCE AND DRESS CODE

- Students are required to adhere to the college's dress code standards. Professors, designated faculty members, and student prefects will report any dress code violations to the committee. Students who are inappropriately dressed may be excluded from educational settings, with repeat offenders being referred to the disciplinary committee. Generally, neat business wear (dress shirts, shoes and trousers for boys) is acceptable but casual wear is not appropriate.
- Shalwar kameez / kurta may only be worn on Fridays (for boys).
- Students are required to wear white lab coats during practical classes and in the hospital setting.
- Revealing attire is considered inappropriate to the work environment. Enclosed footwear must be worn at all times.
- Long hair should be neatly tied back. More stringent requirements may be necessary for certain areas (e.g. operating theatres).
- Jewelry or watches may be inappropriate in some rotations (e.g. radiology) - advice should be sought from the respective professors.
- Good personal hygiene standards must be maintained at all times.



COMMUNICATION

Students are expected to employ appropriate language in all forms of verbal and written communication, including online interactions. They must refrain from communicating in an aggressive, hostile, derogatory, or demeaning manner toward other students or staff.

IDENTIFICATION CARD

Students must visibly display official identification cards/ badges at all times.

Non-compliance may result in denial of entry into educational facilities.

NON DISCRIMINATION POLICY

Students are expected to pursue medical training diligently and provide supervised competent medical service in a compassionate manner, exhibiting utmost respect for human dignity and refraining from any form of discrimination based on gender, ethnicity, race, color, or religious beliefs.

CLASSROOM ETHICS

The college promotes interactive learning but mandates that students maintain decorum while engaging in classroom activities. Food items are prohibited in lecture theatres, and students are required to arrive punctually, with latecomers potentially being denied entry.

MOBILE PHONES

The use of mobile phones is discouraged during formal academic activities such as lectures, small group discussions, and practical sessions. Students are strictly advised to keep their mobile phones on silent mode at all times during these activities.

INTERNET USAGE

Our institution promotes the utilization of information technology, learning management systems, and social media tools to advance knowledge dissemination and improve the academic experience for students. To support this objective, we provide a fully equipped computer lab and offer unrestricted internet access across the campus. It is imperative that students use these facilities in accordance with established principles of cyber ethics. Please note that internet activity within the college is subject to monitoring for content aligning with the expected norms in academic and clinical settings. Any instances of internet misuse will result in disciplinary action.

ACTION AFFECTING STUDENT STATUS

Strict disciplinary action may be taken against a student for offenses including:

- Attempt to disrupt teaching exam or administration
- Cheating
- Damaging and defacing property
- Ragging
- Defecting of library books
Immorality and harassment
- Any act prejudice to the good order and college discipline
- Being disrespectful to a member of the faculty.

Possible Reprimands

- Reprimands may include:
- Written warning
- Summoning of parents to the college
- Fines as determined by the disciplinary committee
- Suspension for 1 - 4 weeks

Monitoring of conduct, and potentially expulsion or rustication if no improvement is observed. In instances of severe offenses, withdrawal, expulsion, or rustication for 1 to 2 years may be imposed through the disciplinary committee. In the event of any transgressions within the institution, affiliated hospitals, or hostel premises, the institution's head may, at their discretion, refer the matter to the institution's disciplinary committee, which shall be constituted by the Academic Council as necessary.

A student may be subjected to a probationary period of up to three months. Failure to rectify conduct during this period may result in expulsion from the institution. Possible disciplinary actions include fines and suspension or termination of any scholarships.

The Head of the Institution, acting upon the disciplinary committee's recommendation, may suspend a student from the institution for a duration specified by the committee.

The Institution will also keep UHS informed.

ATTENDANCE AND ACADEMIC PERFORMANCE

Students are expected to maintain a professional approach to their attendance and academic performance. It is their responsibility to ensure adequacy in both aspects. Repeated, unexplained, or unauthorized absence and/or academic insufficiency may result in barring from examinations, suspension, or termination of studies. Attendance at all time tabled activities across all years is mandatory, including being present in clinical settings (wards, clinics, emergency departments, theatres) when no other fixed time tabled activities are scheduled during college hours. Students may also be required to attend evening, early morning, and weekend sessions as directed by clinical supervisors.

A minimum attendance of 85% and an academic record above 60% in all subjects, whether examination or non-examination, from the first to final year are mandatory for admission to be sent for university professional examinations. Failure to adhere to attendance and academic performance regulations may lead to the withholding of admissions for university examination and/or detention.

CAMPUS CLEANLINESS

Emphasizing campus beautification and cleanliness is a key priority for the college. Students are strongly encouraged to actively participate in maintaining the campus and to demonstrate environmentally responsible behaviour. Any instances of littering or improper waste disposal will be reported and subject to penalties.

COMMUNICATIONS WITH MEDIA & PUBLIC

Students are not permitted to engage with the media or the public on matters pertaining to the college or its affiliated institutions unless provided with explicit authorization.

LEAVE OF ABSENCE

Our Stance on Student Leave Culture We firmly believe that a student is either present or absent from scheduled teaching sessions. This stance is rooted in our dedication to providing an uninterrupted and enriching academic experience for our students. We encourage students to embrace the value of consistent engagement with their education. A prescribed absence notification form should be submitted by the student, outlining the reason for the absence and the expected duration. This form must be submitted in person prior to the absence. In cases of emergency, the form should be submitted within one day of the student's next physical presence.

Review of Absence Information:

If a student's attendance falls below the required percentage by the end of the academic session, the concerned department, and the Principal of RLKU Medical College will review the submitted Absence Information Reports. The RLKU Medical College Student Attendance Policy underscores our commitment to maintaining a high standard of education through consistent attendance. We firmly reject the notion of a student leave culture, focussing instead on active participation and commitment to the learning journey. Note: Should you have any questions or require further clarification on this policy, please feel free to reach out to the concerned administrative department.

PATIENT EXAMINATION

The clinical supervisor's consent must be obtained before examining or speaking to a patient in a hospital ward, and all standard precautions must be followed during patient examinations. Intimate examinations, for instance, digital rectal examinations, should not be conducted without a doctor's supervision and the patient's consent. All bedside regulations, including but not limited to informed consent and patient privacy, must be respected.

MIGRATION POLICY

APPLICATION PROCEDURE: Eligible candidates can apply through the UHS online portal
ELIGIBILITY CRITERIA:

1. The applicant must be enrolled in a Private Sector Medical/Dental College duly recognized by Pakistan Medical and Dental Council (PM&DC).
2. For migration to the Third, Fourth or Final Year MBBS, the student must have passed the MBBS Second Professional, Third Professional or Fourth Professional university examination respectively.
3. For migration to the Second, third or Final Year BDS, the student must have passed the BDS First Professional, Second Professional or Third Professional university examination respectively.
4. In case of inter-university migrations, UHS Equivalence/Relevance Committee shall determine the equivalence in terms of courses and subjects studied passed and shall identify the deficient courses and subjects. Migrations shall not be allowed to students having deficient courses and subjects for the said level.
5. A student studying in a foreign college/institute may apply for migration to an affiliated private sector medical/dental institution subject to having completed at-least two years of studies and passed the corresponding final examinations for the period of study completed in the foreign college / institute and having qualified the National Equivalence Board (NEB) Exam conducted by the Pakistan Medical & Dental Council (PM&DC). In case a prescribed subject is being taught at the University but not examined in the NEB Examination, UHS shall conduct an examination in the said subject.

STUDENT HEALTH CARE POLICY

RLKU Medical College has enacted a Student Discount Policy, offering a 100% discount on hospital charges, 50% discount in the Laboratory, Blood Bank, Radiology, and a 10% discount in the Pharmacy at HLTH. The HLTH premises hosts a fully equipped Laboratory that provides services to both patients and students. The Health Care Policy aims to grant students access to preventive and therapeutic health services, thus maintaining their overall well-being. To achieve this goal, a team of healthcare professionals and an interdepartmental referral system have been put in place. Students are not required to pay a subscription fee. The Student Discount Policy at RLUK Medical College ensures that students receive medical coverage for day-to-day medical issues and facilitates access to necessary medical assistance during emergencies throughout their educational tenure.

DISCLAIMER FOR UNSUPERVISED STUDENT ACTIVITIES OUTSIDE RLKU MEDICAL COLLEGE'S PREMISES

OBJECTIVE:

To clearly communicate the institution's stance and disclaim any responsibility for unsupervised student activities that occur outside the institution's premises.

SCOPE:

This policy applies to all students enrolled at the RLKU Medical College and engaging in activities beyond the institution premises.

POLICY STATEMENTS:

1. Clarity of Boundaries:

- The institution's responsibility for student safety and security is limited to activities that occur within the institution premises and during institution-sponsored events.
- Any activities, events, or outings that students choose to participate in outside of the institution premises are considered unsupervised and fall beyond the scope of the institution's responsibility.

2. Disclaimer of Liability:

- The institution shall not be held liable for any incidents, accidents, injuries, damages, or consequences that may arise as a result of student participation in unsupervised activities outside of the institution's premises.
- Parents and guardians are advised to exercise due diligence and caution when allowing their wards to participate in such activities.

3. Parental Consent and Awareness:

- Parents and guardians are encouraged to maintain open communication with their children regarding their activities outside of institution hours.
- Prior to participating in any unsupervised activity, students and their parents/guardians must acknowledge and accept the disclaimer provided by the institution.

4. Educational Campaigns:

- The institution shall periodically conduct educational campaigns to inform students, parents, and guardians about the limitations of the institution's responsibility for off-campus activities.
- These campaigns will emphasize the importance of informed decision-making and personal safety when engaging in activities outside of the institution's control.

5. Acknowledgment of Disclaimer:

- Before the commencement of each academic year, students and their parents/guardians will be required to sign an acknowledgment form indicating their understanding and acceptance of the institution's disclaimer regarding unsupervised activities.

6. Communication of Policy:

- This policy, along with the disclaimer, shall be communicated to all students, parents, and guardians through official institution channels, including the institution website, newsletters, and orientation sessions.

7. Emergency Preparedness:

- Students shall be educated about basic emergency response procedures and safety measures to follow in case of incidents that occur outside the institution's premises.
- The institution will encourage students to contact local authorities and emergency services in case of emergencies or accidents.

8. Review and Updates:

- This policy shall be reviewed periodically to ensure its relevance and effectiveness.
- Any necessary updates or changes to the policy shall be communicated to the institution community in a timely manner.

CONCLUSION:

This policy outlines the institution's position on unsupervised student activities outside of the institution premises and emphasizes the importance of individual responsibility and informed decision-making. By acknowledging and accepting this disclaimer, students and their parents/guardians recognize the institution's limited liability for incidents that occur beyond the scope of the institution's control.





ADMISSION PROCESS & POLICY

In accordance with the Admission Policy announced by the Govt of the Punjab on 22-10-2025. The University of Health Sciences (UHS) Lahore, requests applications from qualified candidates through its online application portal for admission to MBBS programs in Private Sector Medical Colleges of Punjab for the Session 25-26.

ELIGIBILITY CRITERIA FOR MERIT SEATS

1. MDCAT: The candidate must have passed MDCAT 2023 or 2024 or 2025 with at least 55% marks for MBBS and 50% for BDS.
2. Foreign nationals and Overseas Pakistanis may submit MDCAT, or alternatively SAT-II scores (minimum 550 in Biology, Chemistry, and Physics/Mathematics) or MCAT (International)/UCAT scores with at least 50% in above-mentioned subjects.
3. If any Foreign Self-Finance seat remains vacant, it shall be transferred to the Open Merit Quota, and the admitted candidate shall pay the open merit fee. Ineligible candidates shall not be admitted against such seats.
4. Qualification: Applicants must have passed HSSC (Pre-Medical) or an equivalent 12th-grade qualification recognized by IBCC with at least 60% marks, including Biology, Chemistry, and Physics/Mathematics.

ELIGIBILITY CRITERIA FOR FOREIGN SEATS

1. For Foreign Self-Finance seats, the candidate must hold a foreign nationality or be an Overseas Pakistani permanently residing abroad, having completed 12th grade or equivalent outside Pakistan, and must provide proof of residence and study from the last attended institution.
2. Provided that Expatriate candidates having Intermediate / HSSC / A-Level with mandatory subjects of Chemistry and Biology are eligible for MBBS / BDS admissions on specified seats and the rest as optional subjects.
3. Domicile: Candidates holding domicile of any district of Pakistan are eligible to apply.

MERIT CALCULATION FORMULA

The weighted criteria for calculating merit for admission shall be as follows:

Matriculation/SSC/Equivalent	10%
F.Sc./HSSC Pre-Medical/Equivalent	40%
MDCAT	50%





RLKU MEDICAL COLLEGE

MBBS FEE STRUCTURE FOR ADMISSIONS 2025-2026

COLLEGE DUES

LOCAL STUDENTS

Particulars		Year 1	Year 2	Year 3	Year 4	Year 5
Registration Fee	Rs.	-	-	-	-	-
Annual Dues	Rs.	2,500,000	2,625,000	2,756,250	2,894,063	3,038,766
Total	Rs.	2,500,000	2,625,000	2,756,250	2,894,063	3,038,766

FOREIGN STUDENTS

Particulars		Year 1	Year 2	Year 3	Year 4	Year 5
Registration Fee	USD \$	-	-	-	-	-
Annual Dues	USD \$	12,000 \$	12,000 \$	12,000 \$	12,000 \$	12,000 \$
Total	USD \$	12,000 \$	12,000 \$	12,000 \$	12,000 \$	12,000 \$

HOSTEL CHARGES

Particulars		Year 1 (Rs.)
Hostel Charges Per Month (Sharing)	PKR	33,500
Hostel Charges Per Month (Cubical)	PKR	53,500

- Government Taxes will be collected under Government laws and regulations where applicable.
- Hostel Charges are same for both local and foreign students and subject to increase annually.
- Two meals per day are complimentary with hostel facility.
- Fee will be refunded according to prevailing rules & regulations at that time.
- Fee Structure may be revised in accordance with prevailing rules and regulations at that time.

FEE POLICY

AS PER PMDC ADMISSION REGULATIONS 2025 CLAUSE 9 (3) REFER:

A student shall have the right to pay the tuition fee on a quarterly, six monthly or annual basis to the College.

A student paying the college on a six-monthly basis in advance shall be granted a two percent (2%) discount in the tuition fee, and a student paying the college on an annual basis in advance shall be granted a four percent (4%) discount in the tuition fee.

FEE REFUND POLICY PMDC ADMISSION REGULATIONS 2025 CLAUSE 9 (7) REFER:

If a student after having obtained admission seeks to leave the program, the college shall have the right to adjust the tuition fee already paid pro rata to the period spent by the student in the program along with a penalty not exceeding ten percent of the total annual fee.

Provided that no penalty shall be imposed upon a student who seeks to leave the program before the closing date of admission in the private medical/dental colleges as notified by the Council.